

Relationship Tool Kit

Harville Hendrix, Ph.D. Books and CD/DVDs:

- Getting the Love You Want: A Guide for Couples
- Getting the Love You Want Workbook: The New Couples' Study Guide
- Keeping The Love You Find
- Receiving Love: Transform Your Relationship by Letting Yourself Be Loved

Imago Relationships International

Weekend workshops, couples therapist referrals, books and CD/DVDs: www.imagotherapy.com

Sue Johnson, Ph.D.

Books and CD/DVDs:

- Book: Hold Me Tight: Seven Conversations for a Lifetime of Love
- DVD: Hold Me Tight: Conversations for Connections

For information on weekend workshops, couples therapist referrals, books and CD/DVDs: www.holdmetight.net

Terrence Real, Ph.D.

Books & CD/DVDs:

- How Can I Get Through to You: Reconnecting Men and Women
- Relationship Turnaround: Empowering Women & Connecting Men (2 CD Set)
- I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression
- The Foundations of Relational Empowerment
- Relational Parenting (2 CD Set)

Relational Recovery Institute:

Weekend workshops, couples therapist referrals, books and CD/DVDs: www.terryreal.com

Michele Weiner-Davis, M.S.W. Books and CD/DVDs:

• The Divorce Remedy

- The Sex-Starved Marriage
- The Sex-Starvea Marri
- Divorce Busting
- Getting Through to the Man You Love

Workshops, coaching, books and CD/DVDs: www.divorcebusting.com

Peter Pearson, Ph.D. & Ellen Bader, Ph.D.

Books:

- In Quest of the Mythical Mate, by Peter Pearson, Ph.D. & Ellen Bader, Ph.D.
- Tell Me No Lies, by Peter Pearson, Ph.D. & Ellen Bader, Ph.D.
- A Little Book of Listening Skills, By Mark Brady, Ph.D. and Jennifer Austin Leigh, D.Div.
- Intimacy After Infidelity, by Drs. Steven Solomon & Lorie Teagno

• Being Happy Together, by Dr. Laurie Weiss

Workshops, couples therapist referrals, books and CD/DVDs:

The Couples Institute (Menlo Park, CA)

(650) 327-5915

www.couplesinstitute.com

Gay Hendricks, Ph.D. & Kathlyn Hendricks

Books and CD/DVDs:

• Conscious Loving : The Journey to Co-Commitment

• Lasting Love: The 5 Secrets of Growing a Vital, Conscious Relationship

Workshops, couples therapist referrals, books and CD/DVDs: **The Hendricks Institute** www.hendricks.com (800) 688-0772

Nonviolent Communication

Books & CD/DVDs by Marshall B. Rosenberg:

• Nonviolent Communication: A Language of Life

• Speaking Peace: Connecting with Others through Nonviolent Communication (2 CD set)

The Center for Nonviolent Communication

Workshops, coach referrals, books and CD/DVDs: www.cnvc.org

Words that Work www.wordsthatwork.us Ike Lasater

NVC Santa Cruz Center for Compassion:

Classes, workshops, coaches (831) 459-6919 www.nvcsantacruz.org

Other Relationship CDs

• *The Seven Principles for Making Marriage Work*, by John Gottman, Ph.D. www.gottman.com

• Secrets of a Passionate Marriage, by David Snarch, Ph.D. www.passionatemarriage.com